

Tour of National Park

CHALLENGE GOALS

Participants must average 6,000 steps per day, throughout the six (6) weeks to complete this challenge.

CHALLENGE DURATION

May 5 -
June 16



Sign-Up for the Challenge

Create a team of up to **five (5) members** with your coworkers. Elect **one (1) captain** for each team and determine your team's name. Team captains will need to sign up for the challenge first on the Wellness Portal by selecting **Activate** to create the team's name in the challenge.

1. Log in to the Wellness Portal:
www.wellworksforyoulogin.com
2. Click **Challenges** from the portal homepage
3. Select the Wellness Challenge you want to participate in to view the challenge dashboard
4. Click **Activate** to become an active participant in the walking challenge
 - **Team Captains:** choose **Create Team** > Create Team Name > **Create**
 - **Team Members:** choose **Join Existing Team** > Find your Team's Name and click **Activate**
5. Select how you would like to appear on the leaderboard and click **Activate** to become an active participant in the walking challenge



Participate to Earn Credit

Track your steps in the Challenge Dashboard. Click on one of the following resource links for step-by-step instructions to connect your device or app to the Wellworks For You Wellness Portal or Mobile App.

DEVICE & APP SYNC

[Guide PDF](#)

[How To Video](#)

TROUBLESHOOTING TIPS

[Click Here](#)



Your Challenge Journey

Embark on a grand adventure with the Tour of National Parks six (6) week challenge! Lace up your hiking boots and virtually explore some of the most iconic and breathtaking landscapes in the United States. Participants must average at least 6,000 steps per day to earn credit for completing the challenge.